



LEADERSHIP WORKSHOP

PRELIMINARY PROGRAMME

17-22 JUNE, VLASTEJOVICE, CZECH REPUBLIC

MONDAY, 17 JUNE

09.00-15.30	Arrival to Studio ALTA in Prague
15.30-17.30	Transfer to Vlastějovice
18.30-19.30	Check-in at Alta Air Camp
19.30-21.00	Dinner
21.00-00.00	Ensemble activities

TUESDAY, 18 JUNE

09.00-09.30	Awakening inner senses and tuning our body capacity
09.30-10.00	Breakfast
10.00-12.00	Introduction: Set the intention of the week
12.00-13.00	Share stories
13.00-15.30	Lunch
15.30-17.30	Self and other. Group dynamics. Having a voice, using it.
17.30-18.30	Reflection on the day and check out
19.30-21.00	Dinner
21.00-00.00	Free time

WEDNESDAY, 19 JUNE

09.00-09.30	Awakening inner senses and tuning our body capacity
09.30-10.00	Breakfast
10.00-12.00	Check-in. Value: Meaning map and value track
12.00-13.00	Value: Event journey
13.00-15.30	Lunch
15.30-17.30	Discovering of inner drivers and talents
17.30-18.30	Free time
19.30-21.00	Dinner
21.00-00.00	Ensemble activities

THURSDAY, 20 JUNE

09.00-09.30	Awakening inner senses and tuning our body capacity
09.30-10.00	Breakfast
10.00-11.00	Ask nature! Solo exploration and check-in
11.00-13.00	Value: Self presentation
13.00-14.30	Lunch
15.30-16.30	Team dynamic: practical tools
17.30-18.30	Reflection on the day and check out
19.30-21.00	Dinner
21.00-00.00	Free time

FRIDAY, 21 JUNE

09.00-09.30	Awakening inner senses and tuning our body capacity
09.30-10.00	Breakfast
10.00-13.00	Check-in. Taking all back home. Making connection and peer coaching.
13.00-15.30	Lunch
15.30-17.30	Closing session
17.30-18.30	Reflection on the day and check out
19.30-21.00	Dinner
21.00-00.00	Celebration time

SATURDAY, 22 JUNE

09.00-09.30	Farewell breakfast
09.30-11.00	Transfer to Prague
11.00-15.30	Departure